

RAPE RECOVERY CENTER

2035 SOUTH 1300 EAST, SALT LAKE CITY

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# YOGA EXPERIENCE

GENTLE RESTORATIVE PRACTICE

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NOVEMBER 22, 2016

5:30 PM TO 7:00 PM



**FREE AND OPEN TO EVERYONE IMPACTED BY SEXUAL VIOLENCE**

**NO PREVIOUS YOGA EXPERIENCE REQUIRED**

**YOGA MATS PROVIDED**